**MTN 029/IPM 039**

**Protocol Adherence Counseling Worksheet**

* Refrain from using non-study provided vaginal products or objects for **24 hours** prior to scheduled clinic visits
	+ Tampons
	+ Sex toys
	+ Female condoms
	+ Diaphragms
	+ Menstrual cups
	+ Cervical caps
* Refrain from engaging in receptive sexual activity for **24 hours** prior to scheduled clinic visits
	+ Penile-vaginal intercourse
	+ Anal intercourse
	+ Receptive oral intercourse
	+ Finger stimulation
* Abstain from using the following products for **duration of study**:
	+ Spermicides
	+ Lubricants
	+ Contraceptive vaginal rings
	+ Vaginal douches
	+ Vaginal medications

Discuss and assess expectations or concerns about protocol adherence:

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Staff Initials

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 **Ring Use Counseling Worksheet**

Provide guidance on ring use instructions and refer to vaginal ring insertion instructions as needed:

* **Leave ring inserted, all day, every day:** The ring should be kept inserted at all times, including bathing and sex.
* **If the ring falls or is taken out:**

**Somewhere clean:** Try to reinsert the ring as soon as possible. Rinse the ring in clean water (no soap permitted) and insert the ring.

**Somewhere dirty** (such as the toilet or the ground): Do NOT reinsert the ring. Instead, place it in the zip bag provided to you and contact the clinic as soon as possible.

* **Do not Share:** Insert only the ring assigned to you and do not share your ring with other women.
* **Storage:**

If the ring is removed and is not immediately reinserted, rinse the ring with clean water only, pat dry with a paper towel. Place the ring in the bag provided to you until you are able to reinsert it.

If you will not reinsert the ring, rinse the ring with clean water only and pat dry with a paper towel. Place the ring in the bag provided to you and return it to the study clinic at your next visit.

* **Transport:** If you have any used rings that are not inserted, always bring them with you to the clinic. During transport, keep your rings with you at all times to avoid loss.
* **Questions or Concerns:** The study staff is here to help and support you. Please contact us between visits with any questions or concerns. **Remember to also record any problems on your study product use log.**

Discuss and assess expectations or concerns about vaginal ring instructions or experiences:

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 **Breast Milk Collection and Storage Counseling Worksheet**

* Review Breast Milk Production Maintenance Counseling Worksheet, if needed.
* Review supplies provided to the participant for at home breast milk collection, including the following:
* Freezer box containing 60 cryovials
* Transfer pipettes
* Cryovial labels
* Freezer packs and cooler for transport
* Breastmilk Collection Log
* Breast pump and bottles for milk collection, if needed
* Review at home breast milk collection procedures:
	+ Collect required number of breast milk samples each day (one at home collection on clinic visit days after enrollment and two at home collections on days with no clinic visits).
	+ Express milk from at least one breast until the breast is empty. If you collect milk from both breasts, it may be combined into one container.
	+ Gently swirl the container of breast milk. Do not shake.
	+ Using the provided dropper, place approximately 2 mLs of breast milk into each of the 2 small tubes provided. Any leftover breast milk should be discarded.
	+ Write the collection date and collection start time on two of the provided labels. Also, record this information on the breast milk collection log.
	+ Place one label on each tube (unless the clinic has already attached the labels for you).
	+ Immediately place both labeled tubes toward the back of your freezer, away from the door or sides.
	+ Bring all samples to your next clinic visit using the freezer packs and cooler provided by the study.

Discuss and assess expectations or concerns about at home breast milk collection:

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